COLRAIN COUNCIL ON AGING NEWSLETTER

Dinners held at Colrain Community Church, 306 Main Rd., Colrain on the second Wednesday of each month.

Foot Clinics held at Colrain Community Church on the first and second Wednesdays of each month.

The meal this month completes two years. That is 24 successful, delicious meals and no complaints. The first meal served 50 seniors. We are now serving at least 125 seniors each meal.

The winners of the May free door prizes of \$10 gift certificates to Pine Hill were Bekki Tippers, Russ Coombs, Helen Gochinski, Judy Graves, Alice Garey, Fleurette Patterson, Conrad Long, Stacia Hogan, Bob Drew and David Nims.

The July 9 meal will start with Pine Hill cider and donuts and socializing at 10am and a delicious roast pork dinner cooked by Chef Sharon Call served at noon.

FOOT CLINIC

Next foot clinics will be July 2 and 9.

Foot clinic appointments with Kip Moeller, RN may be made by calling our COA number at 624-5120 or 624-3417 and leave a message and someone will get back to you. There is a suggested donation of \$4.00. This program is funded in part by Franklin County Home Care/Area Agency on Aging and by the Executive Office of Elder Affairs and the Colrain Council on Aging.

TRANSPORTATION

At present the FRTA has a contract with the Shelburne Senior Center to manage the transportation needs of nine West County towns, including Colrain. If you are in need of transportation you should call Bob Szafran at 413-625-2502. FRTA provides trips to the Big Y in Greenfield on Tuesdays and a monthly trip to Wal-Mart in Hadley. Call FRTA at 413-774-2262 Ext.163.

SHINE

Larry Bezio is available monthly for SHINE appointments starting at 10am. SHINE is serving health insurance needs of Elders and is a program of the Executive Office of Elder Affairs in conjunction with local Councils on Aging. Questions can be addressed to Lorraine York-Edberg, SHINE Program Director, 413-773-5555 Ext. 2275 or you may speak with Larry at any of our dinners.